

## **Bob Edelstein, LMFT, MFT**

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Portland, OR 97213  
503-288-3967

### **Vitae**

#### **Experience:**

- Provides direct services in individual, couple, family and group therapy.
- Provides individual and group clinical supervision for candidates in Oregon applying to be a licensed personal counselor and/or a licensed marriage and family therapist.
- Provides individual and group clinical consultation for professionals.
- Facilitates both a training/case consultation group and a day-long workshop for professionals and students on Existential-Humanistic Psychotherapy.
- Provides workshops on Authenticity, and on Authentic Engagement: A Radical Way of being in the World.
- Presented workshops, classes and seminars to the public on various topics, including co-dependency and recovery, chemical dependency and recovery, adolescent development and treatment, the dynamics and treatment of depression, the Existential-Humanistic Perspective in therapy, and developing skills in authentic living.
- Provided crisis intervention, assessment and information referral services.
- Provided psycho-educational groups for clients and their families.
- Supervision of adolescent, chemical dependency and employee assistance program staffs' case load and therapeutic skills.
- Facilitated program development, team building and conflict resolution in chemical dependency/alcoholism outpatient and residential treatment programs and in adolescent outpatient and residential treatment programs.
- Coordinated and taught educational and in-service training and seminars.

#### **Work History:**

- 1987 - Present      **Therapist.** Private Practice. Provides individual, couple, family and group therapy, with an existential humanistic orientation. Also provides workshops to public, other professionals, organizations and graduate classes on a variety of topics.
- 1995 – Present      **Trainer and Consultant.** Provides case consultation for other professionals and supervision for LMFT and LPC candidates. Provides existential humanistic training and case consultation group for students and professionals.
- 1986 -1991      **Instructor.** Mt. Hood Community College. Taught Theories of Psychotherapy - How to be an Effective Therapist and Group Counseling.
- 1987-1988      **Consultant.** Kaiser. Developed and implemented student assistance programs for Clackamas and Jefferson High Schools.
- 1988 - 1989      **Consultant.** Volunteers of America. Evaluated their drug and alcohol program for effectiveness.
- 1987 - 1989      **Consultant.** Unity Church. Provided workshops on co-dependency and recovery. Developed, implemented, and initially facilitated a co-dependency support group.
- 1984 - 1987      **Clinical Supervisor** Family Focus Services. Holladay Park Medical Center.

- 1983 - 1984 **Therapist and Consultant.** Private Practice. Palo Alto, California  
 1981 - 1983 **Director/Clinical Supervisor.** Raleigh Hills Outpatient Services, Redwood City, California  
 1981 **Group Home Supervisor.** Cornerstone Children's Home Society, San Mateo, California.  
 1979 - 1980 **Director, Clinical Supervisor.** Haight Ashbury Center for Alcohol Problems, San Francisco, California.  
 1977 - 1978 **Clinical Supervisor, Counselor.** Stanislaus County Adolescent Alcoholism Treatment Program and Mobile Emergency Assistance Program, Modesto, California.  
 1976 - 1977 **Supervisor.** Palmdale Youth Ranch, Palmdale, California.  
 1975 - 1976 **Counselor and Case Worker.** Seabury Barn Adolescent Home, Stonybrook, New York.  
 1973 - 1974 **Youth Group Worker.** Nassau County Children's Shelter, Westbury, New York.

**Education:**

- 2000 – Present Completed annual small group training intensive workshops with professional colleagues based on the Existential Humanistic Perspective. Novato, California.  
 1991 - 2000 Completed nine small group training intensive workshops with Dr. James F.T. Bugental, Existential Humanistic Psychotherapist, Novato, California.  
 1981 - 1983 Completed half of my academic units for a doctorate in East West Psychology at the California Institute of Integral Studies, San Francisco, California.  
 1975 M.S. Secondary Education, minor Psychology, Hofstra University, Hempstead, New York - with distinction.  
 1971 B.A. Economics Cum Laude Honors in Economics, University of Pennsylvania, Philadelphia, Pennsylvania

**Licenses:**

- 1992 Certified, Approved Clinical Supervisor, Lutheran Family Services  
 1990 Licensed Marriage Family Therapist in Oregon T 0015  
 1984 Marriage Family Therapist California MFT 018829

**Professional Affiliations:**

- American Association for Marriage and Family Therapy - Clinical Member  
 Oregon Association for Marriage and Family Therapy - Member  
 Association for Humanistic Psychology -  
 Professional Member and Served on Board of Directors  
 Association for Humanistic Psychology - Oregon Community, Founding Member

**Publications:**

- An Existential Humanistic Analysis of the U.S. Political Situation: A Call to Consciousness – Are We Listening? *AHP Perspective*, Oct/Nov 2004  
Interview with James Bugental, Ph.D., AHP's First President. *AHP Perspective*, Feb/March 2003

Gaining the Existential Perspective: A Tribute to Carl Rogers and AHP. *AHP Perspective*, June/July, 2002

The Existential Humanistic Perspective as Applied to Couple's Therapy. *Oregon Association of Marriage and Family Therapy Newsletter*, Summer Quarter, 1995

The Existential Humanistic Perspective in Therapy. *Oregon Association of Marriage and Family Therapy Newsletter*, Spring Quarter, 1995

Beyond 'Sick vs Well': From Compartments to Continuum. *Reflections Magazine*, March, 1994.

**Presentations:**

Oregon Counseling Association Fall Conference. The Existential Humanistic Perspective – Embracing the Lived Experience of All Human Beings. Corvallis, Oregon Fall 2004

Association for Humanistic Psychology, National Conference. On Being Fully Present in a Fragmented World, San Diego, California June 2003

Association for Humanistic Psychology, Annual Conference. Co-presenter, Personal Authenticity and Responsible Stewardship - the Need for Integration. Tacoma, Wash., August, 1996.

The Existential Humanistic Perspective as Applied to Individual, Couple and Group Therapy. Presented to Pacific University, Marylhurst University, Portland Community College, Portland State University and George Fox University

Authentic Engagement: A Radical Way of Being in the World. Presented as part of Oregon School of Massage Continuing Education Program Workshop as well as in other public venues.

References Available Upon Request.