

Bob Edelstein, LMFT, MFT
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Vitae

Experience:

- Provides direct services in individual, couple, family and group therapy.
- Provides individual and group clinical supervision for candidates in Oregon applying to be a licensed personal counselor and/or a licensed marriage and family therapist.
- Provides individual and group clinical consultation for professionals.
- Facilitates both a training/case consultation group (beginning and advanced levels) and a day-long workshop for professionals and students on Existential-Humanistic Psychotherapy.
- Provides workshops on Authenticity, and on Authentic Engagement: A Radical Way of being in the World.
- Presented workshops, classes and seminars to the public on various topics, including co-dependency and recovery, chemical dependency and recovery, adolescent development and treatment, the dynamics and treatment of depression, the Existential-Humanistic Perspective in therapy, and developing skills in authentic living.
- Provided crisis intervention, assessment and information referral services.
- Provided psycho-educational groups for clients and their families.
- Supervision of adolescent, chemical dependency and employee assistance program staffs' case load and therapeutic skills.
- Facilitated program development, team building and conflict resolution in chemical dependency/alcoholism outpatient and residential treatment programs and in adolescent outpatient and residential treatment programs.
- Coordinated and taught educational and in-service training and seminars.

Work History:

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| 1987 - Present | Therapist. Private Practice. Provides individual, couple, family and group therapy, with an existential humanistic orientation. Also provides workshops to public, other professionals, organizations and graduate classes on a variety of topics. |
| 1995 – Present | Trainer and Consultant. Provides case consultation for other professionals and supervision for LMFT and LPC candidates. Provides existential humanistic training and case consultation group for students and professionals. |
| 1986 -1991 | Instructor. Mt. Hood Community College. Taught <u>Theories of Psychotherapy - How to be an Effective Therapist</u> and <u>Group Counseling</u> . |
| 1987-1988 | Consultant. Kaiser. Developed and implemented student assistance programs for Clackamas and Jefferson High Schools. |
| 1988 - 1989 | Consultant. Volunteers of America. Evaluated their drug and alcohol program for effectiveness. |
| 1987 - 1989 | Consultant. Unity Church. Provided workshops on co-dependency and recovery. Developed, implemented, and initially facilitated a co-dependency support group. |

- 1984 - 1987 **Clinical Supervisor** Family Focus Services. Holladay Park Medical Center.
- 1983 - 1984 **Therapist and Consultant.** Private Practice. Palo Alto, California
- 1981 - 1983 **Director/Clinical Supervisor.** Raleigh Hills Outpatient Services, Redwood City, California
- 1981 **Group Home Supervisor.** Cornerstone Children's Home Society, San Mateo, California.
- 1979 - 1980 **Director, Clinical Supervisor.** Haight Ashbury Center for Alcohol Problems, San Francisco, California.
- 1977 - 1978 **Clinical Supervisor, Counselor.** Stanislaus County Adolescent Alcoholism Treatment Program and Mobile Emergency Assistance Program, Modesto, California.
- 1976 - 1977 **Supervisor.** Palmdale Youth Ranch, Palmdale, California.
- 1975 - 1976 **Counselor and Case Worker.** Seabury Barn Adolescent Home, Stonybrook, New York.
- 1973 - 1974 **Youth Group Worker.** Nassau County Children's Shelter, Westbury, New York.

Education:

- 2000 – Present Completed annual small group training intensive workshops with professional colleagues based on the Existential Humanistic Perspective. Novato, California.
- 1991 - 2000 Completed nine small group training intensive workshops with Dr. James F.T. Bugental, Existential Humanistic Psychotherapist, Novato, California.
- 1981 - 1983 Completed half of my academic units for a doctorate in East West Psychology at the California Institute of Integral Studies, San Francisco, California.
- 1975 M.S. Secondary Education, minor Psychology, Hofstra University, Hempstead, New York - with distinction.
- 1971 B.A. Economics Cum Laude Honors in Economics, University of Pennsylvania, Philadelphia, Pennsylvania

Licenses:

- 1992 Certified, Approved Clinical Supervisor, Lutheran Family Services
- 1990 Licensed Marriage Family Therapist in Oregon T 0015
- 1984 Marriage Family Therapist California MFT 018829

Professional Affiliations:

- Existential Humanistic Institute -- Executive Board Member
- American Association for Marriage and Family Therapy - Clinical Member
- Oregon Association for Marriage and Family Therapy - Member
- Association for Humanistic Psychology -
Professional Member and Served on Board of Directors
- Association for Humanistic Psychology - Oregon Community, Founding Member
- Oregon Counseling Association -- Member

Publications:

- A Proposal for Twenty-Five Qualities, Attitudes, and Skills of an Existential Humanistic Psychotherapist *AHP Perspective* Feb/March 2009
- Embracing Subjectivity: A Tribute to James F.T. Bugental *AHP Perspective* Oct/Nov 2008
- Interview with Irv Yalom, M.D. *AHP PERSPECTIVE* April/May 2007
- An Existential Humanistic Analysis of the U.S. Political Situation: A Call to Consciousness – Are We Listening? *AHP Perspective*, Oct/Nov 2004
- Interview with James Bugental, Ph.D., AHP's First President. *AHP Perspective*, Feb/March 2003
- Gaining the Existential Perspective: A Tribute to Carl Rogers and AHP. *AHP Perspective*, June/July, 2002
- The Existential Humanistic Perspective as Applied to Couple's Therapy. *Oregon Association of Marriage and Family Therapy Newsletter*, Summer Quarter, 1995
- The Existential Humanistic Perspective in Therapy. *Oregon Association of Marriage and Family Therapy Newsletter*, Spring Quarter, 1995
- Beyond 'Sick vs Well': From Compartments to Continuum. *Reflections Magazine*, March, 1994.

Presentations:

- Existential Institute Saybrook Graduate School Intensive Subjectivity and the Inward Searching Process San Francisco, Ca Jan 2009
- AHP National Conference Community Building in a Humanistic Process Cal State Univ Northridge JUN 2008
- EAP Oregon Subjectivity and the Inward Searching Process Portland OR Fall 2007
- Oregon Association for Marriage and Family Therapy Annual Conference. Principles and Applications of Existential Humanistic Psychotherapy. Eugene, Oregon Fall 2006
- Oregon Counseling Association Fall Conference. The Existential Humanistic Perspective – Embracing the Lived Experience of All Human Beings. Corvallis, Oregon Fall 2004
- Association for Humanistic Psychology, National Conference. On Being Fully Present in a Fragmented World, San Diego, California June 2003
- Association for Humanistic Psychology, Annual Conference. Co-presenter, Personal Authenticity and Responsible Stewardship - the Need for Integration. Tacoma, Wash., August, 1996.
- The Existential Humanistic Perspective as Applied to Individual, Couple and Group Therapy. Presented to Pacific University, Marylhurst University, Portland Community College, Portland State University and George Fox University
- Authentic Engagement: A Radical Way of Being in the World. Presented as part of Oregon School of Massage Continuing Education Program Workshop as well as in other public venues.

References Available Upon Request.